

5月屋内ランニングコースご利用案内

| 5月 | | 9:00~10:00 | 10:00~11:00 | 11:00~12:00 | 12:00~13:00 | 13:00~14:00 | 14:00~15:00 | 15:00~16:00 | 16:00~17:00 | 17:00~18:00 | 18:00~19:00 | 19:00~20:00 | 20:00~21:00 |
|----|---|------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| 1 | 月 | | | | | | | | | | | | |
| 2 | 火 | | | | | | | | | | | | |
| 3 | 水 | | | | | | | | | | | | |
| 4 | 木 | | | | | | | | | | | | |
| 5 | 金 | | | | | | | | | | | | |
| 6 | 土 | | | | | | | | | | | | |
| 7 | 日 | | | | | | | | | | | | |
| 8 | 月 | | | | | | | | | | | | |
| 9 | 火 | | | | | | | | | | | | |
| 10 | 水 | | | | | | | | | | | | |
| 11 | 木 | | | | | | | | | | | | |
| 12 | 金 | | | | | | | | | | | | |
| 13 | 土 | | | | | | | | | | | | |
| 14 | 日 | | | | | | | | | | | | |
| 15 | 月 | | | | | | | | | | | | |
| 16 | 火 | | | | | | | | | | | | |
| 17 | 水 | | | | | | | | | | | | |
| 18 | 木 | | | | | | | | | | | | |
| 19 | 金 | | | | | | | | | | | | |
| 20 | 土 | | | | | | | | | | | | |
| 21 | 日 | | | | | | | | | | | | |
| 22 | 月 | | | | | | | | | | | | |
| 23 | 火 | | | | | | | | | | | | |
| 24 | 水 | | | | | | | | | | | | |
| 25 | 木 | | | | | | | | | | | | |
| 26 | 金 | | | | | | | | | | | | |
| 27 | 土 | | | | | | | | | | | | |
| 28 | 日 | | | | | | | | | | | | |
| 29 | 月 | | | | | | | | | | | | |
| 30 | 火 | | | | | | | | | | | | |
| 31 | 水 | | | | | | | | | | | | |

学童軟式野球大会

青森県高校春季ソフトボール大会

南地方中体連春季大会ソフトボール大会

グラウンド整備 5/22~5/26

色別凡例

ご利用可能

ご利用不可

休館日